

B.S. IN HEALTH AND PHYSICAL EDUCATION - TEACHER CERTIFICATION

College of Education and Social Work

Curriculum

Code	Title	Credits
GENERAL EDUCATION REQUIREMENTS (http://catalog.wcupa.edu/undergraduate/general-education-requirements/)		

Academic Foundations

First Year Experience requirement		4
English Composition requirement		6-7
Mathematics requirement		3-4
Interdisciplinary requirement		3
Diverse Communities requirement		3
Ethics requirement		3

Distributed Disciplinary Foundations

Science requirement		6-8
Behavioral & Social Science requirement		6
Humanities requirement		6
Arts requirement		3

ADDITIONAL BACCALAUREATE REQUIREMENTS

 (<http://catalog.wcupa.edu/undergraduate/general-education-requirements/>)

University Requirements

Writing Emphasis requirement		9
Speaking Emphasis requirement		9

Degree Requirements

Capstone requirement		1-15
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Students should consult their advisor for specific general education and Pennsylvania Department of Education (PDE) requirements. Required courses that fulfill general education requirements: EDF 300 (interdisciplinary), EDP 250 (student electives), KIN 254 (diverse communities), and MAT (student electives).

MAJOR REQUIREMENTS

Foundations

HPE 108	Introduction to School Wellness Education	6
HPE 186	Motor Development and Motor Learning ¹	3

Wellness Education Pedagogy

HPE 205	Curriculum and Instruction: Inclusion in Health & Physical Education ¹	3
HPE 206	Adapted PE & Health for Students with Disabilities ¹	3
HPE 300	Curriculum and Instruction Elementary PE ¹	3
HPE 304	Secondary School Wellness Education	6
HPE 305	Pedagogy and Critical Issues in Urban School Wellness Education	3
HPE 347	Software Applications and Assessment HPE	3
HPE 403	School Wellness Education Practicum	6

Wellness and Applied Science Content Knowledge

EXS 241	Body Systems and Applied Anatomy I	3
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EXS 361	Body Systems and Applied Anatomy II	3
HEA 304	Family Life and Sex Education	3
HEA 316	ATOD Prevention Education	3
NTD 303	Introductory Principles Human Nutrition	3

Activity Modules

HPE 102	Adventure and Contemporary Activities	2
HPE 104	Fitness and Wellness I	2
HPE 105	Fitness and Wellness II	2
HPE 201	Developmental Gymnastics and Dance	2
HPE 202	Invasion Games	2
HPE 203	Net and Wall Games	2

Select one of the following:

HPE 140	Aquatic Fundamentals/ Emergency Water Safety	2
KIN 275	Lifeguarding	

Capstone Requirement

HPE 489	Student Teaching - Elementary ^{1,2,3}	6
HPE 490	Student Teaching - Secondary ^{1,2,3}	6

Extra PDE and Teacher Education Requirements

LAN/ENG 382	Teaching English Language Learners PK-12 ¹	3
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Other Degree Completion Requirements

Student Teaching Prerequisites: Teacher Candidacy, documentation of Praxis II trial, completion of required major coursework with "C" or better and completion of Pre-Professional Experiences (PPE's)

Graduation Requirement: Cumulative GPA of 3.0.

Total Minimum Credits Required **120**

¹ Clearances required (Child Abuse, Police Check, FBI Fingerprinting, TB Test)

² Requires Teacher Candidacy.

³ This course fulfills the Capstone requirement.

Sample Course Plan

To track their individual degree progress, students are advised to access their Degree Progress Report (DPR) via myWCU regularly. For more information, visit wcupa.edu/DegreeProgressReport (<http://wcupa.edu/degreeprogressreport/>).

The following is a sample suggested course sequence for this program; course offerings and availability are not guaranteed. Students should consult their academic advisor with any questions.

Course	Title	Credits
Year One		
Fall		
HPE 108	Introduction to School Wellness Education	6
HPE 186	Motor Development and Motor Learning	3
WRT 120	Effective Writing I	3-4
or	or Effective Writing with Supplemental	
WRT 123	Writing Workshop	
FYE 100X	First Year Experience	4
Credits		16-17

Spring		
HPE 102	Adventure and Contemporary Activities	2
HPE 140	Aquatic Fundamentals/ Emergency Water Safety	2
KIN 254	Disability Studies: An Interdisciplinary Introduction	3
MAT 103	Introduction to Mathematics (OR HIGHER)	3
WRT 2XX	200-Level WRT Course	3
Science Gen Ed		3
Credits		16

Year Two		
Fall		
HPE 104	Fitness and Wellness I	2
HPE 202	Invasion Games	2
EXS 241	Body Systems and Applied Anatomy I	3
LIT 165	Topics in Literature	3
MAT 104	Introduction to Applied Mathematics (OR HIGHER)	3
PSY 100	Introduction to Psychology	3
Credits		16

Spring		
HPE 105	Fitness and Wellness II	2
HPE 201	Developmental Gymnastics and Dance	2
HPE 205	Curriculum and Instruction: Inclusion in Health & Physical Education	3
HPE 206	Adapted PE & Health for Students with Disabilities	3
EXS 361	Body Systems and Applied Anatomy II	3
Behavioral & Social Science Gen Ed		3
Credits		16

Year Three		
Fall		
HPE 300	Curriculum and Instruction Elementary PE	3
HEA 304	Family Life and Sex Education	3
EDP 250	Educational Psychology	3
EDF 300	Democracy and Education	3
Arts Gen Ed		3
Science Gen Ed		3
Credits		18

Spring		
HPE 203	Net and Wall Games	2
HPE 304	Secondary School Wellness Education	6
HPE 305	Pedagogy and Critical Issues in Urban School Wellness Education	3
NTD 300	Nutrition Pedagogy	3
HEA 316	ATOD Prevention Education	3
Credits		17

Year Four		
Fall		
HPE 403	School Wellness Education Practicum	6
ENG 382	Teaching English Language Learners PK-12	3
Ethics Gen Ed		3
Behavioral & Social Science Gen Ed		3
Humanities Gen Ed		3
Credits		18

Spring		
HPE 489	Student Teaching - Elementary	6
HPE 490	Student Teaching - Secondary	6
Credits		12
Total Credits		129-130