# B.S. in Health and Physical Education - Teacher Certification

## Curriculum

### General Education Requirements

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<td>GENERAL EDUCATION REQUIREMENTS</td>
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<td>(<a href="http://catalog.wcupa.edu/undergraduate/general-education-requirements/">http://catalog.wcupa.edu/undergraduate/general-education-requirements/</a>)</td>
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#### Academic Foundations

- First Year Experience requirement: 4
- English Composition requirement: 6-7
- Mathematics requirement: 3-4
- Interdisciplinary requirement: 3
- Diverse Communities requirement: 3
- Ethics requirement: 3

#### Distributed Disciplinary Foundations

- Science requirement: 6-8
- Behavioral & Social Science requirement: 6
- Humanities requirement: 6
- Arts requirement: 3

#### ADDITIONAL BACCALAUREATE REQUIREMENTS

(https://catalog.wcupa.edu/undergraduate/general-education-requirements/)

### University Requirements

- Writing Emphasis requirement: 9
- Speaking Emphasis requirement: 9

### Degree Requirements

- Capstone requirement: 1-15

Students should consult their advisor for specific general education and Pennsylvania Department of Education (PDE) requirements. Required courses that fulfill general education requirements: EDF 300 (interdisciplinary), EDP 250 (student electives), KIN 254 (diverse communities), and MAT (student electives).

### Major Requirements

#### Foundations

- HPE 108: Introduction to School Wellness Education: 6
- HPE 186: Motor Development and Motor Learning: 3

#### Wellness Education Pedagogy

- HPE 205: Curriculum and Instruction: Inclusion in Health & Physical Education: 3
- HPE 206: Adapted PE & Health for Students with Disabilities: 3
- HPE 300: Curriculum and Instruction: Elementary PE: 3
- HPE 304: Secondary School Wellness Education: 6
- HPE 305: Pedagogy and Critical Issues in Urban School Wellness Education: 3
- HPE 347: Software Applications and Assessment of HPE: 3
- HPE 403: School Wellness Education Practicum: 6

#### Wellness and Applied Science Content Knowledge

- EXS 241: Body Systems and Applied Anatomy I: 3
- EXS 361: Body Systems and Applied Anatomy II: 3
- HEA 304: Family Life and Sex Education: 3
- HEA 316: ATOD Prevention Education: 3
- NTD 300: Nutrition Pedagogy: 3

### Activity Modules

- HPE 102: Adventure and Contemporary Activities: 2
- HPE 104: Fitness and Wellness I: 2
- HPE 105: Fitness and Wellness II: 2
- HPE 201: Developmental Gymnastics and Dance: 2
- HPE 202: Invasion Games: 2
- HPE 203: Net and Wall Games: 2

Select one of the following:

- HPE 140: Aquatic Fundamentals/Emergency Water Safety
- KIN 275: Lifeguarding

### Capstone Requirement

- HPE 489: Student Teaching 1,2,3: 6
- HPE 490: Student Teaching 1,2,3: 6

### Extra PDE and Teacher Education Requirements

- LAN/ENG 382: Teaching English Language Learners PK-12: 3

### Other Degree Completion Requirements

- Student Teaching Prerequisites: Teacher Candidacy, documentation of Praxis II trial, completion of required major coursework with "C" or better and completion of Pre-Professional Experiences (PPEs)
- Graduation Requirement: Cumulative GPA of 3.0.
- Total Minimum Credits Required: 120

1. Clearances required (Child Abuse, Police Check, FBI Fingerprinting, TB Test)
2. Requires Teacher Candidacy.
3. This course fulfills the Capstone requirement.

GPA Requirement: Students must maintain the required GPA in accordance with the criteria for Teacher Candidacy. Students must attain a C or better in all required Health and Physical Education - Teacher Certification major coursework. Please see the Educator Preparation Programs (http://catalog.wcupa.edu/undergraduate/education-social-work/educator-preparation-programs/) section in the catalog.

Note: Students also must have the following:

- Documentation of Praxis II trial.
- Field clearances required (child abuse, criminal record check, FBI fingerprinting, and TB test).

### Sample Course Plan

To track their individual degree progress, students are advised to access their Degree Progress Report (DPR) via myWCU regularly. For more information, visit wcupa.edu/DegreeProgressReport (http://wcupa.edu/degreeprogressreport/).

The following is a sample suggested course sequence for this program; course offerings and availability are not guaranteed. Students should consult their academic advisor with any questions.
## B.S. IN HEALTH AND PHYSICAL EDUCATION - TEACHER CERTIFICATION

### Course Title Credits

#### Year One

**Fall**
- HPE 108 Introduction to School Wellness Education 6
- HPE 186 Motor Development and Motor Learning 3
- WRT 120 Effective Writing I or WRT 123 Effective Writing with Supplemental Writing Workshop 3-4
- FYE 100X First Year Experience 4

**Credits** 16-17

#### Spring
- HPE 104 Fitness and Wellness I 2
- HPE 202 Invasion Games 2
- EXS 241 Body Systems and Applied Anatomy I 3
- LIT 165 Topics in Literature 3
- MAT 104 Introduction to Applied Mathematics (OR HIGHER) 3
- PSY 100 Introduction to Psychology 3

**Credits** 16

#### Year Two

**Fall**
- HPE 104 Fitness and Wellness I 2
- HPE 202 Invasion Games 2
- EXS 241 Body Systems and Applied Anatomy I 3
- LIT 165 Topics in Literature 3
- MAT 104 Introduction to Applied Mathematics (OR HIGHER) 3
- PSY 100 Introduction to Psychology 3

**Credits** 16

#### Spring
- HPE 104 Fitness and Wellness II 2
- HPE 201 Developmental Gymnastics and Dance 2
- HPE 205 Curriculum and Instruction: Inclusion in Health & Physical Education 3
- HPE 206 Adapted PE & Health for Students with Disabilities 3
- EXS 361 Body Systems and Applied Anatomy II 3
- Behavioral & Social Science Gen Ed 3

**Credits** 16

#### Year Three

**Fall**
- HPE 300 Curriculum and Instruction Elementary PE 3
- HEA 304 Family Life and Sex Education 3
- EDP 250 Educational Psychology 3
- EDF 300 Democracy and Education 3
- Arts Gen Ed 3
- Science Gen Ed 3

**Credits** 18

#### Spring
- HPE 203 Net and Wall Games 2
- HPE 304 Secondary School Wellness Education 6
- HPE 305 Pedagogy and Critical Issues in Urban School Wellness Education 3
- NTD 300 Nutrition Pedagogy 3

**Credits** 12

**Year Four**

**Fall**
- HPE 403 School Wellness Education Practicum 6
- ENG 382 Teaching English Language Learners PK-12 3
- Ethics Gen Ed 3
- Behavioral & Social Science Gen Ed 3
- Humanities Gen Ed 3

**Credits** 18

#### Spring
- HPE 489 Student Teaching 6
- HPE 490 Student Teaching 6

**Credits** 12

**Total Credits** 129-130