MINOR IN NUTRITION

College of Health Sciences

Students must complete a minimum of six credits of advanced standing coursework in their minor.*

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>NTD 303</td>
<td>Introductory Principles Human Nutrition</td>
<td>3</td>
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<tr>
<td>NTD 309</td>
<td>Nutrition Throughout the Lifecycle</td>
<td>3</td>
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**Elective Courses**

1. NTD 200 Nutrition and Culture
2. NTD 205 Principles of Food Selection and Preparation
3. NTD 301 Consumer Nutrition
4. NTD 304 Global Nutrition
5. NTD 305 Plant-Based Nutrition
6. NTD 315 Food - Mind - Spirit
7. NTD 420 Perspectives on Obesity
8. NTD 422 Nutrition for Health, Fitness & Sport
9. NTD 435 Nutrition Workshops
10. NTD 455 Nutrition Assessment, Education and Service in Honduras

Total Credits Minimum Credits Required 18

1. A grade of C or better is required in all courses (i.e., required and elective).
2. NTD electives exclude the following courses: NTD 199, NTD 300, NTD 310, NTD 320, NTD 400, NTD 408, NTD 409, NTD 410, and NTD 415. Other NTD elective courses can be taken in consultation with the Nutrition Minor advisor.

*Advanced standing coursework is defined as any 300-level course or above and specific 200-level courses identified by the department.