

## MINOR IN NUTRITION

### *College of Health Sciences*

Students must complete a minimum of six credits of advanced standing coursework in their minor.\*

Code	Title	Credits
<b>Required Courses <sup>1</sup></b>		
NTD 303	Introductory Principles Human Nutrition	3
NTD 309	Nutrition Throughout the Lifecycle	3
<b>Elective Courses <sup>1,2</sup></b>		<b>12</b>
NTD 200	Nutrition and Culture	
NTD 205	Principles of Food Selection and Preparation	
NTD 301	Consumer Nutrition	
NTD 304	Global Nutrition	
NTD 305	Plant-Based Nutrition	
NTD 315	Food - Mind - Spirit	
NTD 420	Perspectives on Obesity	
NTD 422	Nutrition for Health, Fitness & Sport	
NTD 435	Nutrition Workshops	
NTD 455	Nutrition Assessment, Education and Service in Honduras	
<b>Total Credits Minimum Credits Required</b>		<b>18</b>

<sup>1</sup> A grade of C or better is required in all courses (i.e., required and elective).

<sup>2</sup> NTD electives exclude the following courses: NTD 199, NTD 300, NTD 310, NTD 320, NTD 400, NTD 408, NTD 409, NTD 410, and NTD 415. Other NTD elective courses can be taken in consultation with the Nutrition Minor advisor.

\*Advanced standing coursework is defined as any 300-level course or above and specific 200-level courses identified by the department.